

## Basic Education for Safe Travel (B.E.S.T.) Program:

### Required Program for Foster Care and Daycare Providers

As part of Minnesota Statutes § 142B.51, 142B.65, subd. 8 (child care centers) and 142B.70, subd. 7 (family child care), foster care and daycare providers are required to complete a car seat safety training every 5 years. The Child and Restraint Systems (C.A.R.S.) Program is transitioning to the new B.E.S.T. (Basic Education for Safe Travel) Program. This streamlined, hybrid approach will ensure providers receive up-to-date information, while offering proper training on the correct use of child restraint systems, based on the child's size, weight and age, as well as the proper installation of car seats or booster seats in the vehicle used by the provider to transport children.

### How B.E.S.T. Works: The 2-Step Process

#### Step 1: Complete the Online Car Seat Basics Course

The first step is to find a B.E.S.T. Facilitator to begin the process. They will assist you in signing up for the online course, Car Seat Basics, provided by the National Safety Council. This introductory e-learning course that covers essential car seat safety, including the proper use and installation of child restraint systems.

- **Duration:** Approximately 1 hour
- **Completion Requirement:** A certificate of completion will be issued upon finishing the course. You must retain this certificate as proof of completing the online course. You will need to show this certificate to your B.E.S.T. Facilitator prior to the in-person evaluation (Step 2).
- **Important:** Each individual must complete this course and obtain their own certificate. Certificates are not transferable.
- **Accessibility:** The Car Seat Basics course is available in English. For non-English speakers, consult B.E.S.T. Facilitator to arrange a course in a classroom setting with a translator.

#### Important Details for Step 2 (In-Person Evaluation)

- **Proof of Online Course Completion:** Before the hands-on session, participants must show proof of completing the Car Seat Basics online course. You can present your certificate to your B.E.S.T. Facilitator either electronically (on a mobile device or email) or as a printed copy. Each individual must show their own certificate.
- **Timeframe for Completion:** The in-person evaluation (Step 2) must be completed within 30 days of finishing the Car Seat Basics online course to remain valid.

